

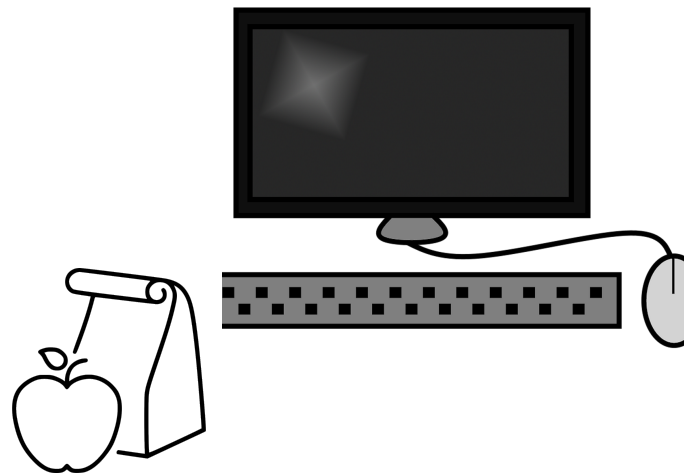
**NEORA** Northeast Ohio Rehabilitation Association

## Long Distance Lunch & Learn

Friday, September 25th, 2020 from 12:00 to 1:00 pm EDT

### **Self-Care & Ethics: Giving the Best of You Instead of What's Left of You**

Presented by:  
NRA President,  
**Dr. DeAnna Henderson,**  
PhD, LPC, NCC, CRC



**Click this Link to Register & Pay via PayPal:  
[NEORA Lunch & Learn Sept 25, 2020](#)**

**For Questions:  
[NortheastOhioRehabAssoc@outlook.com](mailto:NortheastOhioRehabAssoc@outlook.com)**

### **Program Summary**

**Counselors recognize the importance of self-care for clients and others. However, many counselors do not routinely practice self-care. Implementing appropriate self-care strategies is critical to practicing counseling in an ethical manner. This workshop will highlight the CRC ethical standards related to self-care, discuss contributing factors to burnout and explain the importance of self-care check-ups.**

When: September 25, 2020

Platform: Zoom Webinar

Time: 12pm - 1pm EDT

Fee: \$19

CEUs Pending: CRC, LPC/LSW, CCM, CDMS, DD Case Management, DD Adult Services (A completed evaluation is required following the program)

- ▶ Once you register and pay via the link above, you will receive an email with the link to join the Webinar.
- ▶ Get valuable continuing education in real time from the comfort of your own space!
- ▶ It's easy and fun! We look forward to you joining us for this all-important topic!